

**Exercise Science BS\***  
**2019-2020 Student Learning Outcomes**

<b>Outcomes</b>		<b>Assessment Methods</b>
1	<i>Students will identify, assess, and analyze the components of health-related fitness.</i>	<i>Presidential Fitness Test evaluated with rubric</i>
2	<i>Students will demonstrate knowledge of the physiological, biomechanical, and behavioral responses to exercise.</i>	<i>Lab assignment</i> <i>Lab assignment evaluated with rubric</i>
3	<i>Upon completion of the 2015-16 academic year, 100% of exercise science majors assess and describe the effects of nutrition on health and performance.</i>	<i>Exam evaluated with rubric</i> <i>Lab assignments evaluated with rubric</i>

\* Preliminary Outcomes