



COLLEGE *of*  
CHARLESTON



# NEED TO TALK...

Contact any of the following  
resources when you need support

## STUDENTS 4 SUPPORT

Text  
'4SUPPORT'  
to 839-863

CofC peer support volunteers  
to talk, listen and assist you  
with your questions, concerns  
and frustrations  
M-Th 12-9pm, Sat-Sun 10-2pm



## AS NEEDED...



### \*Timely Access

Same day, 25 min appt. Call  
Counseling Center (843.953.5640)  
that day to schedule

### \*Walk in Crisis

When in immediate need, walk in  
and meet with someone

## AFTER-HOURS

Call  
843.953.5640  
& choose  
option #3

If you need immediate  
assistance after 4pm or on  
weekends, you can speak  
with a counselor-on-call



## THE LIFELINE

Free & confidential emotional  
support to people in suicidal  
crisis or emotional distress 24  
hours a day, 7 days a week



Call or Text  
**988**

Chat at  
**988lifeline.org**