



**COLLEGE of  
CHARLESTON**  
*Center for Creative Retirement*

## **CHARLESTON ACADEMY FOR LIFELONG LEARNING**

### **FALL TERM COURSE CATALOG**

**Tuesday, October 14, through  
Friday, November 21**

#### **Who We Are:**

**The Charleston Academy for Lifelong Learning (CALL) is a program offered by the Center for Creative Retirement, which operates under the auspices of the College of Charleston.**

**Our classes are peer-to-peer and meet once a week for 90 minutes, unless otherwise specified, at the College of Charleston's Riley Center for Livable Communities, 176 Lockwood Drive, Charleston, or via Zoom. Parking is plentiful and free.**

**CALL offers fall and winter terms.  
CALL participants pay \$25 per course.**

**Registration is online at  
[https://secure.touchnet.com/C20590\\_ustores/web/store\\_main.jsp?STOREID=80](https://secure.touchnet.com/C20590_ustores/web/store_main.jsp?STOREID=80) (preferable). In-person registration is also available at the Center for Creative Retirement's Monday lectures or via email at  
[CAforLifelongLearning@gmail.com](mailto:CAforLifelongLearning@gmail.com)**

## About CCR and C.A.L.L.:

The **Center for Creative Retirement (CCR)** is the parent organization for the **Charleston Academy for Lifelong Learning (C.A.L.L.)**. Both are peer-to-peer volunteer organizations committed to bringing intellectually challenging programming to their participants.

CCR offers Monday afternoon lectures, a book club, travel opportunities and C.A.L.L., meeting at the Charleston Atlantic Presbytery in the Park Circle, N Charleston area.

C.A.L.L. offers short courses taught by peers willing to share their interests and expertise, operating out of CofC's Riley Center for Livable Communities.

C.A.L.L. and CCR are separate registrations. CCR membership is \$60 a year, which pays for Monday afternoon lectures and more from September through May; C.A.L.L. courses are \$25 each. You may register for either or both programs on CoC's Marketplace.

C.A.L.L. is online at <https://ccr.cofc.edu/lifelong-learning/>

A full schedule of opportunities offered by CCR is online at <https://charleston.edu/center-creative-retirement/>

An Introduction to CALL Winter Term offerings will be presented to the CCR membership at 2:30 PM on Monday, September 29, at the Charleston Atlantic Presbytery, 4701 Park Place West, North Charleston. Join us to meet the presenters and learn about this term's courses.

For questions, email C.A.L.L. Coordinator Diana Barth at [CAforLifelongLearning@gmail.com](mailto:CAforLifelongLearning@gmail.com)

C.A.L.L.'s College of Charleston Representative: Heather Zeidler,  
843-953-6100

Follow us on Facebook:

<https://www.facebook.com/CAforLifelongLearning>

## FALL TERM COURSE LISTINGS:

**Tuesday Mornings – VIA ZOOM ONLY**  
(for three weeks, Oct. 14<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup> )

### 10 to 11:30 AM – First Ladies

**Course Description:** We will take a look at the 54 First Ladies from Mrs. Washington to Mrs. Trump. Some First Ladies were daughter's, nieces, and sisters to the President, acting as hostesses in the White House. Some were very active; some were reclusive or sick. We will find out about the many Firsts by the First Ladies.

**Facilitator: Russ Hutchins.** Russ Hutchins, EDSp, a retired school Administrator, has been an OSHER Lifelong Learning Instructor since 2013 and has presented lectures for the University of Kansas, University of West Virginia, Clemson University, and the College of Charleston. His classes have focused on American history and biographies.

**Tuesday Mornings – VIA ZOOM ONLY**  
(for three subsequent weeks, Nov. 4<sup>th</sup>, 11<sup>th</sup> & 18<sup>th</sup>)

### 10 to 11:30 AM – Russian History from Vikings to Putin

**Course Description:** Join up for a review of Russian history from Viking origins through the Middle Ages, the reigns of Peter the Great & Catherine the Great, the Napoleonic wars, WW1, Communism from Lenin to Gorbachev, and the fall of USSR, ending with the dictatorship of Putin.

**Facilitator: Russ Hutchins.** Russ Hutchins, EDSp, a retired school Administrator, has been an OSHER Lifelong Learning Instructor since 2013 and has presented lectures for the University of Kansas, University of West Virginia, Clemson University, and the College of Charleston. His classes have focused on American history and biographies.

**Tuesday Afternoons – In person at the Riley Center**  
(For four weeks, 10/14 through Nov. 4)

### 12:30 AM to 2 PM – Getting to Know Your Clock

**Course Description:** Come and learn about different types of antique and collectible clocks and how to maintain them. The course will cover the principles of operation for pendulum, electrical and other clocks; the maintenances and set up of clocks, as well as hands-on instruction for setting beat and trouble-shooting common issues. Participants will be invited to bring in their clocks (or photos) and will be given the opportunity to ask their clock-specific questions.

**Facilitator: John Barth** John is a professional clock repair person who has been repairing and restoring mechanical timepieces (clocks, not watches) for 50 years. He has the ability to fabricate replacement parts when needed. He is a member of the National Association of

Watch and Clock Collectors and has completed several of the NAWCC's horology courses. He operates a one-man shop in Summerville.

**Tuesday Afternoons – VIA ZOOM ONLY**  
**(For five weeks, 10/14 through Nov. 11)**

**2:30 to 4 PM – Managing the Social Narrative**

**Course description:** This discussion course will allow participants to analyze the narratives that shape our understanding of issues. The focus of discussions will be as follows:

**Week 1 – Understanding Narratives**

- What is a narrative?
- Narratives vs. facts vs. opinions
- Historical and cultural examples

**Week 2 – Psychology & Sociology of Storytelling**

- Why do people respond to stories more than facts
- Cognitive framing, confirmation bias, and identity
- Echo chambers and social reinforcement

**Week 3 – Building Effective Narratives**

- Core narrative elements (character, conflict, resolution)
- Value-driven storytelling
- Language, symbolism, and metaphors

**Week 4 – Case Study: Book Bans as Narrative Strategy**

- Competing narratives:
    - “Protecting children” vs. “Freedom to read”
  - How book bans are framed in schools and communities
  - Role of media coverage in amplifying the controversy
  - Counter-narratives from authors, librarians, students
- Discuss which messaging was more effective and why

**Week 5 – Platforms, Amplification & Ethics**

- Traditional vs. digital platforms for spreading narratives
- How algorithms amplify certain stories
- Reframing vs. rebutting in moments of backlash
- Influence vs. manipulation in narrative strategy

**Facilitator: Martha Hruska.** Martha is a retired university librarian responsible for digital initiatives and collections at UC San Diego and, previously, at the University of Florida.

**Wednesday Afternoons – At the Riley Center**  
**(for three weeks, Nov. 5th, 12<sup>th</sup> and 19th)**

**1 to 2:30 PM – Explore Mythology – Stories, Archetypes, and Meaning**

**Course Description:** This course will provide both an overview and a detailed look into the power, symbolism, beauty, and application of mythology. Mythology - from the Greek word "mythologia" - speaks to a study of stories. Stories inform our lives. The archetypes (ancient symbols) that imbue the characters of myth are powerful and life transforming. It will be organized as follows:

**Week 1:** Introduction to mythology focusing on stories that have been passed down through the ages and the similarities that abound in world myth. Primarily with a focus on Greek mythology. We will introduce the well-known mythologists – Joseph Campbell, Mircea Eliade, Gloria Pinkola-Estes, and Carl Jung.

**Week 2:** The second class will delve more deeply into the archetypes and symbolic content of myth. We will take a closer look at the dynamics and relationships between mythic figures. We will address the mythic journey – the hero's journey (individuation) and how it may be reflected in our own lives.

**Week 3** - Look at the purpose and meaning of myth and how we can use myth both practically and creatively.

**Facilitator:** Jackie Morfesis. Jackie Morfesis is a writer, speaker, and community advocate. She holds a BFA in fine arts from Kutztown University of Pennsylvania and her teacher certification and master's degree in liberal studies from Rutgers University where she received the Alumni Award. She is a former Rotary International Ambassadorial Scholar to Greece in the arts and humanities. She has published two books of poetry, "Persephone Rising" and "Mermaid Crossing". She has also published "Spirit Seeking."

**Thursday Mornings – At the Riley Center**  
**(For six weeks, 10/16 through 11/20)**

**10:30 AM to Noon – Portrait of the Orchestra**

**Course Description:** A symphony orchestra is one of the most powerful and important achievements of Western civilization. Many listeners enjoy and admire the music made by such an orchestra; fewer concert-goers understand how such an aggregation works.

**This course will examine a symphony orchestra—specifically, the Charleston Symphony Orchestra--from the inside out. Through question-and-answer sessions featuring representatives of the orchestra, course participants will learn how the CSO seeks to inspire and engage the Low Country through exceptional musical and educational programs. They will learn how an orchestra like the CSO functions and the parts which various instrumentalists play. Ultimately, they will consider whether, how and why the CSO has become a premier cultural location in our community.**

**Time spent with a leading performing arts organization which sparks lasting connections and transformative impact for all of Charleston is guaranteed to be informative and rewarding. And the lessons learned in this course will enhance the musical experience for every participant.**

**October 16: “Who’s in Charge Here?”—Michael Smith, Chief Executive Officer.**

**October 23: “Rosin and Reeds”—Micah Gangwer, Assistant Concertmaster;  
Kelly Mozeik, Principal Oboe.**

**October 30: “Power Players”—Thomas Joyce, Bass Trombone; Ryan Leveille,  
Principal Percussion.**

**November 6: “Follow the Leader”—Yuriy Bekker, Artistic Director**

**November 13: “Artists and Repertoire”—Fred Himmelein, Course Moderator.**

**November 20: “The World Is Not Enough”—Alana Morrall, Director of Marketing  
and Communications**

**Facilitator: Fred Himmelein Mr. Himmelein has maintained a lifelong interest in concert music. He has served as a Director of the Charleston Symphony Orchestra and currently offers pre-concert analyses for each of the Orchestra's Masterworks Series concerts. He holds advanced degrees in law and in American political and intellectual history.**

**Thursday Afternoons – At the Riley Center  
(for five weeks, Oct. 23 & 30 and Nov. 6, 13 & 20)**

**1 PM -2:30 PM – Yoga: Chair Yoga Practice and Culture**

**Course description: Yoga is a practice that combines benefits for body, mind and spirit. It can help individuals create balance, strength, mobility, calm, and clarity. Through movement, stillness, and breath we can improve physical health, mental well-being, and overall quality of life. Each class will include a 60-minute chair yoga practice for the participants. Chair yoga is a modified form of yoga where poses are practiced while seated or using a chair for support. It is a gentle practice, for all skill levels (including beginners), that is accessible to people of all ages and abilities. It is a great alternative for those who find traditional yoga too**

challenging. We will practice poses that will help create more flexibility and strength. The class will also include a 30-minute classroom component where we will explore the benefits of yoga as we age, the 8 limbs of yoga, the kosha layers and doshas, the chakra system, and meditation and relaxation.

**Facilitator: Joy Bartholomew:** Joy is a certified yoga teacher, with a 500-hour certification in various forms of yoga, to include mat, chair and aqua practices. Her course work focused on anatomy and alignment, trauma-informed, and various styles of yoga (Hatha, Bhakti, Gentle, Vinyasa and more). She has been practicing yoga for 20 years and teaching for 8 years. She is also a meditation facilitator, helping people to connect to a deeper level through the mindfulness practice. She is a recent South Carolinian, moving to Summerville in 2023, after retiring as a Montgomery County, Md. police officer for 30 years. She relocated with her Mom and her fiancée to enjoy the best of Charleston in retirement. With 2 kids in college and a son in the Marine Corps, she and her fiancée travel to visit family as well as vacation abroad as often as possible.

### **Friday Mornings – Riley Center Conference Room (for six weeks, 10/17 through 11/21)**

**10:30 to Noon – Shakespeare Aloud**

**Course description:** Continuing our tradition of offering a Reader's Theatre, we will be taking on the challenge of reading and understanding Shakespeare's The Tempest, a play filled with magic and politics (an interesting combination for a work that ends happily). It was probably written sometime after 1609 and was performed during the marriage festivities of King James the First's daughter Elizabeth Stuart in 1613.

**Facilitator:** Presenter Diana Barth taught English literature at the secondary school level and worked as a newspaper reporter. She earned her law degree later in life and was admitted to the bars of Maine and Massachusetts, practicing family and regulatory law. Now retired, she has returned to her love of learning and literature, serving as the head of the committee for the Charleston Academy for Lifelong Learning.



**To Register for C.A.L.L. Classes:**

**Go online to**

**[https://secure.touchnet.com/C20590\\_ustores/web/store\\_main.jsp?STOREID=80](https://secure.touchnet.com/C20590_ustores/web/store_main.jsp?STOREID=80)**

**\*Email C.A.L.L. at: [CAforlifelonglearning@gmail.com](mailto:CAforlifelonglearning@gmail.com) and provide your name and course choices.**

**Register in person at Center for Creative Retirement's Monday lectures**

**[held at 1 PM and 2:30 PM at the Charleston Atlantic Presbytery at Park Circle, 4701 Park Place West, North Charleston.]**

**COST: C.A.L.L. students pay \$25 per course, payable to the College of Charleston.**

**One does not need to be a Center for Creative Retirement member to take C.A.L.L. courses.**

**Confirmations will be emailed to all registrants. \*Email us with questions and/or about any registration difficulties.**

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**COMING SOON: ITALY IN THREE ACTS: NORD, CENTRO, SUD**  
**THIS INTRODUCTION TO THE SOCIAL, HISTORICAL, LINGUISTIC AND CULTURAL DIFFERENCES OF ITALY WILL BE FACILITATED BY STEFANO, WHO WAS BORN AND RAISED IN THE CIOCIARIA AREA OF ITALY, JUST SOUTH OF ROME. STEFANO HAS WORKED AS A NATIONAL GEOGRAPHIC TOUR GUIDE IN ITALY AND FOUNDED I FOR ITALIA, HIS OWN TOUR COMPANY. NOW A CHARLESTON RESIDENT, HE WILL BE IN ITALY LEADING A TOUR DURING OUR FALL TERM DATES, SO HE WILL BE TEACHING THIS CLASS OUTSIDE OF OUR USUAL. C.A.L.L. PARTICIPANTS AND THOSE CCR MEMBERS WHO PLAN TO JOIN THE GROUP ON THE CCR-SPONSORED TRIP TO TUSCANY THIS COMING SPRING WILL BE RECEIVING AN EMAIL WITH CLASS PARTICULARS AND REGISTRATION INSTRUCTIONS AS SOON AS THEY ARE AVAILABLE.**